



Weekly Menus

WEEK 1

Mon Sausage and mash
Served with onion gravy

Spanish Vegi Omelette

Peas and Carrots

Pineapple upside down cake
and Custard

Tue Chicken curry Served with rice

Mushroom stroganoff with Rice

Mixed Veg

Trifle

Wed Baked Gammon Parsley Sauce

Macaroni Cheese

Green Beans and sweetcorn

Minted New Potatoes

Chocolate Cake and Choc Sauce

Thur Cottage Pie

Cheese and Onion Pasties

Carrots and Swede

Mixed Fruit Yoghurts

Fri Battered Fish

Vegie Stir Fry

Peas and Baked Beans

Oven Chips

Lemon Sponge With Lemon
Sauce

WEEK 2

Mon Sausage Casserole
Served with Rice

Vegetable and Coconut curry
Served with Rice

Peas and sweetcorn

Treacle Roly Poly and Custard

Tue Chicken Lasagne Served
with Garlic Bread

Cauliflower Pasta Bake

Carrots and Swede

Apple and Blackberry Crumble
with Custard

Wed Baked Pork Chop Gratin
with apple Sauce

Broccoli and Spinach Quiche

Carrots and Peas

Potato Croquettes

Vanilla Rice Pudding

Thur Cajan Chicken and tomato
Filled Pitta Bread

Cannelloni Verdi

Mixed Veg

Lemon Rice

Blueberry Cake and Custard

Fri Battered Fish

Vegetable Stir Fry
with Egg Noodle

Peas or Beans

French Fries

Coffee Sponge and choc Sauce

WEEK 3

Mon Ham and Mushroom Pasta Bake
Topped with Cheese

Vegetable Kebabs Served on
Bed of Rice

Mixed Vegetables

Ginger and Apple Cake
Served with custard

Tue Chicken Korma
Served with Savory Rice

Vegetable Chilli
Served with Rice

Peas and SweetCorn

Oaty Fruit Crumble
With Custard

Wed Roast Tukey and Stuffing

Stuffed Peppers with
Cajun Savouy Rice

Carrots and Runner Beans

Roast Potatoes

Jam and coconut Sponge
and Custard

Thur All Day Breakfast

Cheeseie Vegie Wedgie

Sweede and Peas

Banana Muffin Cake
Served with Choc Sauce

Fri Battered Fish

Spinach and Mushroom Omelette

Peas or Beans

French Fries

Semolina Milk Pudding

WEEK 4

Mon Sweet and Sour Chicken
Served with Rice

Broccoli Pasta Bake

Mixed Peas and Sweetcorn

Baked Wedges

Apple sponge and Custard

Tue Bacon and Mushroom Quiche

Cannelloni Verdi

Broccoli and Grilled Tomatoo

New Pototoes

Steamed Jam Roly Poly
and Custard

Wed Roast Chicken With Stuffing

Suffed Peppers with
Vegetable couscous

Cabbage and Carrots

Roast Potatoes

Apple Pie and Custard

Thur Lasagne with Garlic Bread

Cheese and Salsa Wrap
Served with Cheese Sauce
Garlic Bread

Green Beans and Sweetcorn

Lemon Cake with Citrus Sauce

Fri Battered Fish

Roasted vegetable Pasta Bake

French Fries

Peas and Baked Beans

Rhubarb and Apple Crumble
Served with Custard